
FORE! Golf Patch

Girl Scout Cadettes, Seniors, and Ambassadors

To complete this patch program, please complete the following:

- Girl Scout Cadettes, Seniors, and Ambassadors five *Discover*, five *Connect*, and two *Take Action*

Discover

Learn the basic rules and etiquette of golf.

Learn and practice stretches and other warm-up exercises.

Have a basic understanding of “Fast, Safe, and Courteous.”

Learn golfing terminology. What does the following mean: par, bogey, putt, green, tee, fairway, bunker, honor, birdie, chip?

Learn how to keep score and how to use a scoreboard. What does your score mean? Are there penalties for the ball landing off course?

Learn the proper grip, stance, and swing for putting, chipping, and driving.

Explore the history of golf and the history of women in golf. Choose a member of the LPGA to research.

Learn about what a caddy does? What do they need to know? How do they help the golfer?

What are the four events known at the Women’s Grand Slam in golfing? Has a player ever won all four events in the same year?

Connect

Tour a golf course. Talk about maintenance of the course with the groundskeeper. Who designed the course? Is there anything unique about the course? Design your own golf course.

Visit the pro shop. Learn how to be fitted for golf clubs. What are the names of the different types of clubs? What are they each used for? What other equipment is needed?

Interview a golf pro or golf instructor. What is the difference between being an amateur and a professional? How long have they been golfing? Who is their favorite golfer?

Check local colleges and universities to see if they have a golf club. Does the school offer any golf scholarships? Invite a member of the golf team to speak to your troop.

Play a round of golf, go to a driving range, or play a round of miniature golf. How does climate influence golf?

Demonstrate how to fix a divot, mark your ball, and how to tend the flag.

Take Action

Volunteer at a golf tournament in your community.

Help organize a miniature golf game for younger Girl Scouts in your Service Unit.

Visit a younger Girl Scout troop and offer a golf clinic. Show them how to stretch and how to hold and swing a golf club, explain golf etiquette, etc.